

USTA League Captain's Meeting 2025

Thank you for serving in
Western NC



What we will cover...

- Mountain League CTA
- USTA Structure
- Captain Roles & Expectations
- Resources
- Review of Rules / Guidelines
- Regulation Changes for 2025

Meet your Local Coordinators

Jennifer Kersey

Summer Leagues

Mixed Doubles, Tri-Level and Singles

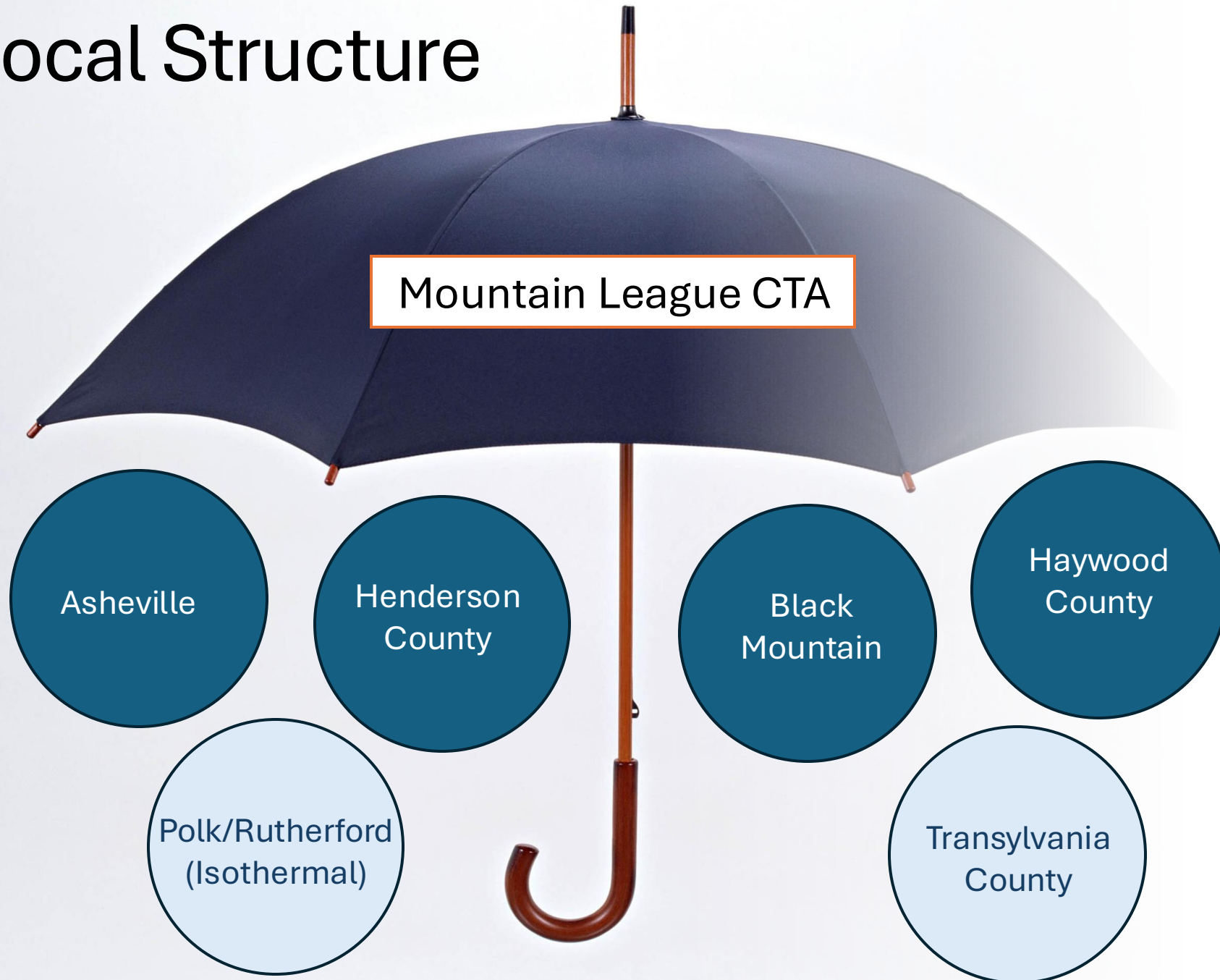


Bevie Walker

Spring Adult and Fall Combo Leagues



Local Structure



Revenue generated from Leagues flows from the Mountain League CTA back into the players' local CTAs and facilities to support tennis in their communities.





How does USTA League work?

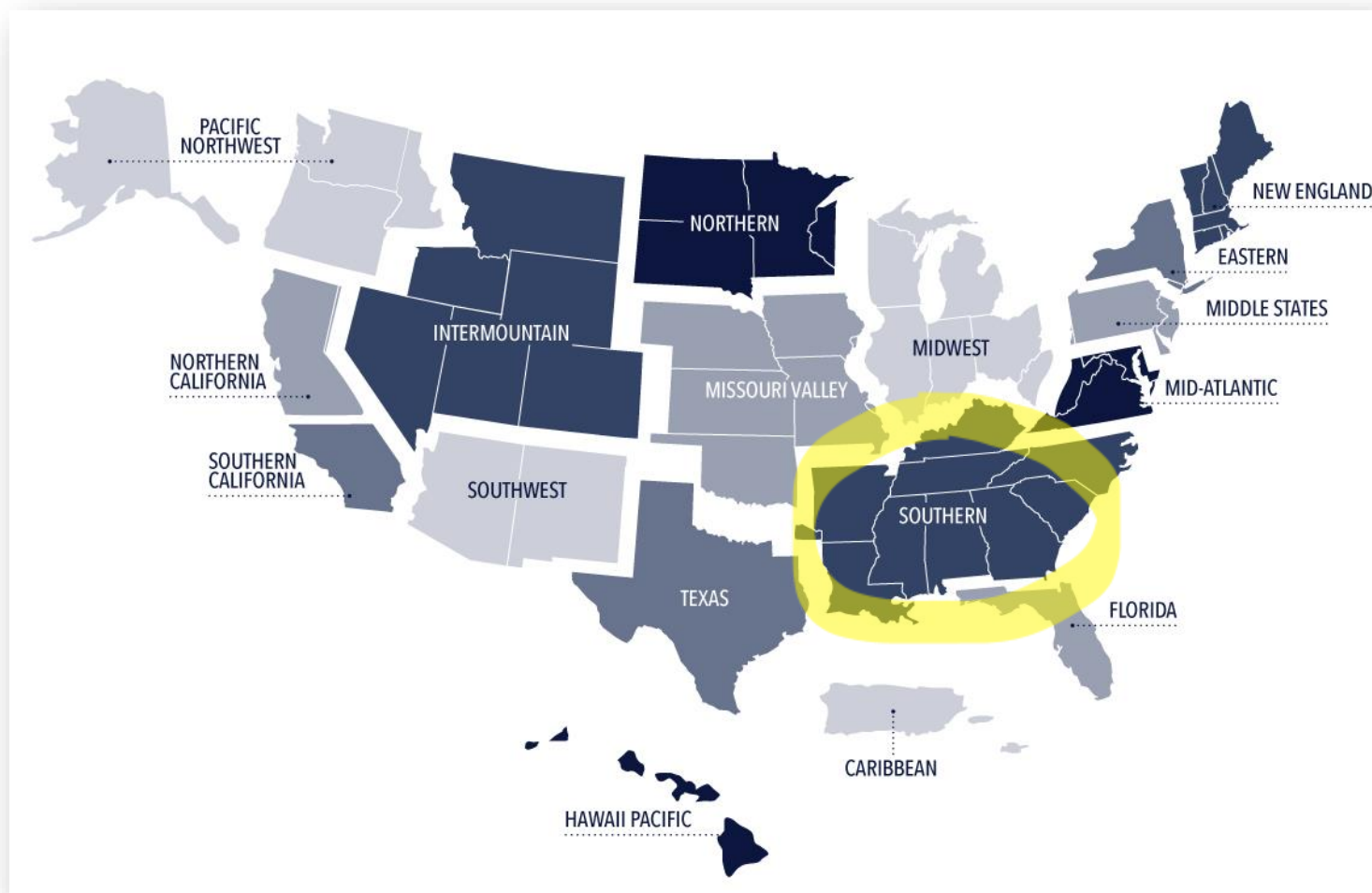


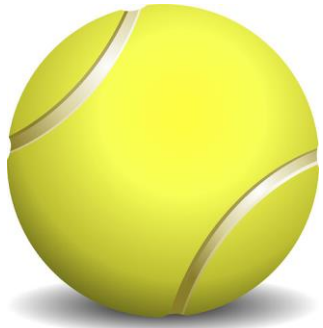
National Program (17 Sections)

Organized by

Age (18+, 40+, 55+, 65+)

Skill level (NTRP)





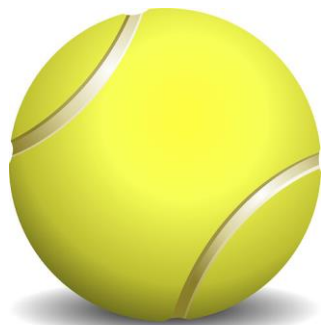
How does USTA League work?

USTA Southern (9 States)

- **North Carolina**
- South Carolina
- Georgia
- Alabama
- Mississippi
- Louisiana
- Arkansas
- Tennessee
- Kentucky



SOUTHERN is the largest section in the Nation
(about 25% of total members)

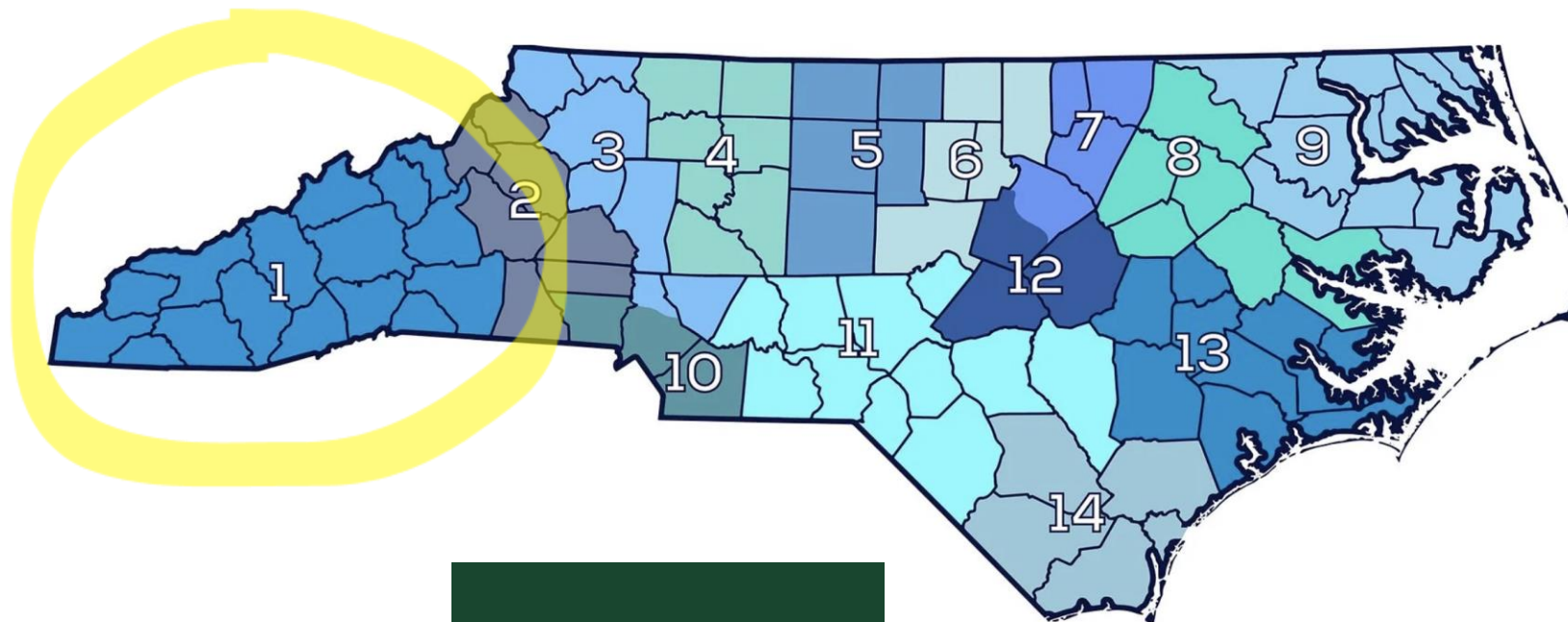


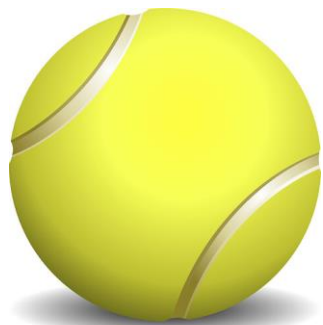
How does USTA League work?

➤ **STATE &
LOCAL**

USTA North Carolina
(14 Areas)

Western NC include 16
counties and is the
largest area in NC
geographically





How does USTA League work?

ADULT 40 & Over (3.5)

Winning Teams Advance

Western NC Local Season
Mar 16 – May 24

North Carolina Championships
June 19-22

Southern Championships
July 18-21

National Championships
October 24-26

January

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September

Su	Mo	Tu	We	Th	Fr	Sa
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



As a captain, you are helping others enjoy the thrill of the game, make lifelong friends, and stay active.

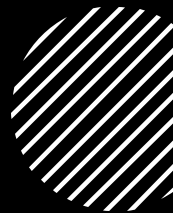


Thank you for being a captain!





Key elements of a **SUCCESSFUL** captain



Philosophy



Pre-Season Meeting

Competitive or Have
Fun



Super Organized

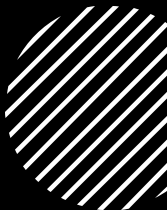
Get Players
availability early



Over Communicate



Before the Season Starts



Read the Local Regulations



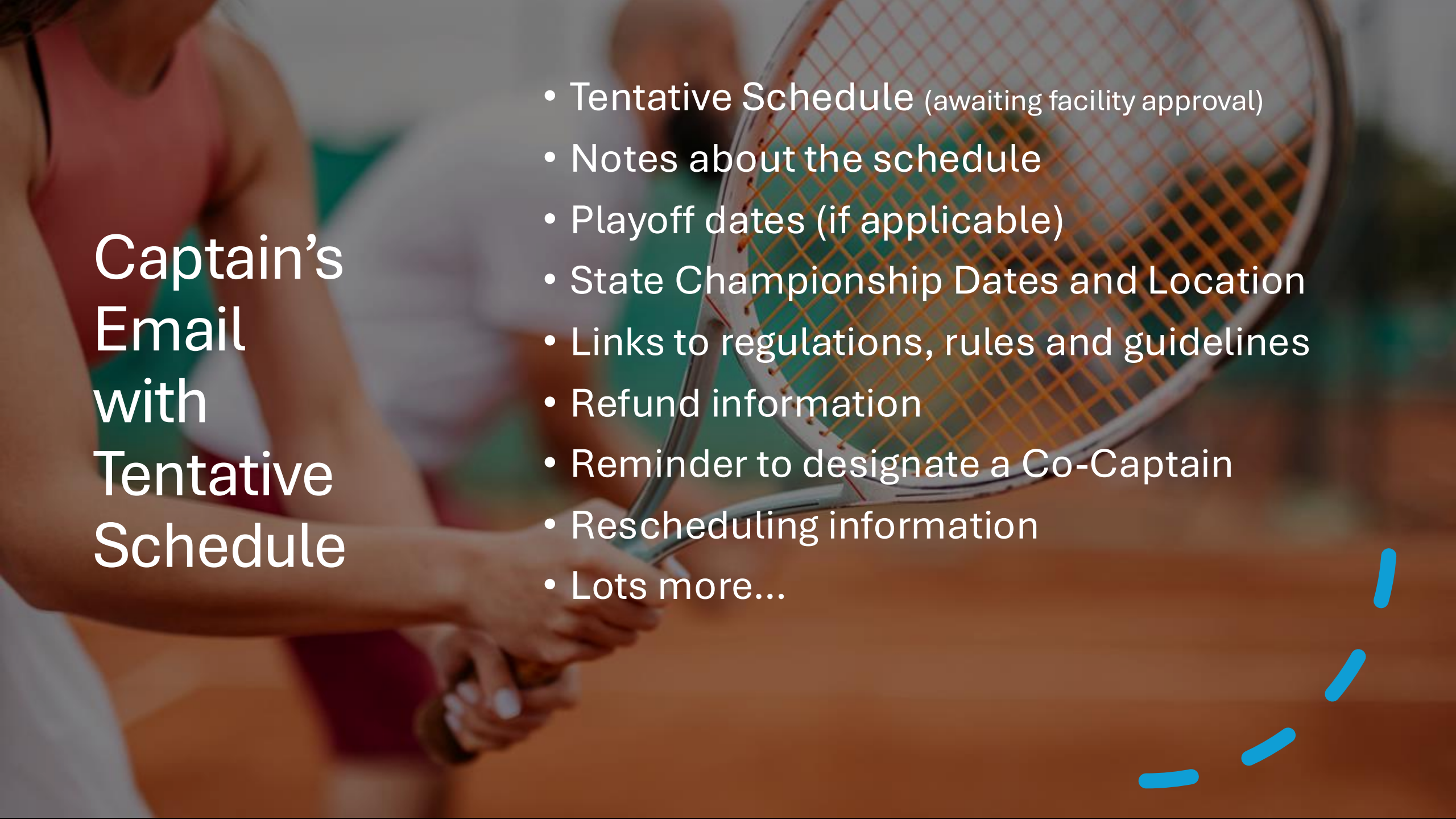
Read the Captain's Handbook




Visit the Captain's Corner on the Website and become familiar with the information there



Contact League Coordinator if you need more players – make sure you have the minimum by the team registration deadline

A person in a red tank top is holding a tennis racket on a court. The background is slightly blurred, showing other people and the court surface. The text is overlaid on the left side of the image.

Captain's Email with Tentative Schedule

- Tentative Schedule (awaiting facility approval)
 - Notes about the schedule
 - Playoff dates (if applicable)
 - State Championship Dates and Location
 - Links to regulations, rules and guidelines
 - Refund information
 - Reminder to designate a Co-Captain
 - Rescheduling information
 - Lots more...
- 
- A decorative graphic consisting of several blue dashed lines of varying lengths, arranged in a curved pattern in the bottom right corner of the slide.



After you receive your schedule



Check your player's availability



Check for matches scheduled on holidays

Notify opposing captain at least 1 week before match if you have a conflict for 1 or more lines
Play matches in advance or inclement weather guidelines for approved holidays



Consider having a Team Meeting

Competitive or focused on fun?
Equal play for all? Or strongest players get priority?
Do you want to go to State if you win the flight?
Communication
Refunds



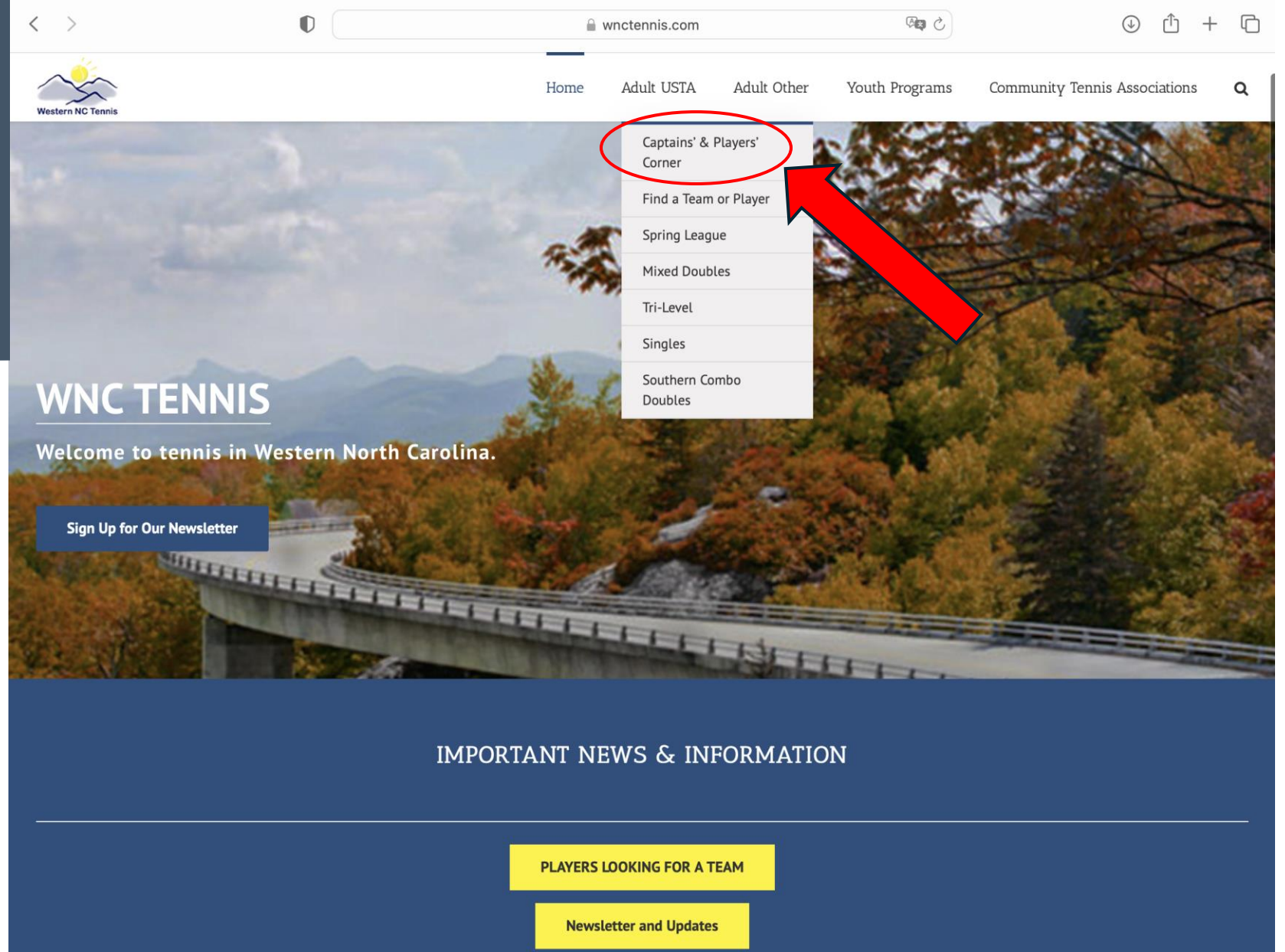
Team Management in TennisLink

Keep hard copy of Captain's Report in bag
Get to know the new tool

Go to
wnctennis.com

-> Adult USTA

-> Captains' and
Players' Corner



The screenshot shows the website wnctennis.com. The browser address bar displays the URL. The navigation menu includes 'Home', 'Adult USTA', 'Adult Other', 'Youth Programs', and 'Community Tennis Associations'. A dropdown menu is open under 'Adult USTA', with 'Captains' & Players' Corner' circled in red and a red arrow pointing to it. Other items in the dropdown include 'Find a Team or Player', 'Spring League', 'Mixed Doubles', 'Tri-Level', 'Singles', and 'Southern Combo Doubles'. The main content area features a scenic background image of a mountain road with a sign that says 'WNC TENNIS' and 'Welcome to tennis in Western North Carolina.' Below this is a 'Sign Up for Our Newsletter' button. At the bottom, there is a section titled 'IMPORTANT NEWS & INFORMATION' with two yellow buttons: 'PLAYERS LOOKING FOR A TEAM' and 'Newsletter and Updates'.

Captains' & Players' Corner

[Home](#) » [Captains' & Players' Corner](#)

» CALENDAR & DAYS OF PLAY

[Local Calendar 2025](#)

[2025 USTA League Chart](#)

[Days of Play – Spring Adult 2025](#)

[Days of Play – Mixed Doubles, TriLevel, & Singles 2024](#)

[Days of Play – Southern Combo 2024](#)

[State Championships – Dates & Info](#)

» PLAYERS' RESOURCES

[Find a Team](#)

[Find a Court](#)

[NTRP Info](#)

[How to Appeal your NTRP Rating \(video\)](#)

[TennisLink](#)

[Refund Policy](#)

[Refund Request Form](#)

[USTA Mobile App](#)

[Guide to TennisLink Team Management Tool for PLAYERS](#)

[Indoor Court Fee Info – 2022](#)

» CAPTAINS' CORNER

[Captain's Handbook 2024](#)

[Captain's Meeting 2024 \(recorded presentation\)](#)

[Commonly Asked Questions](#)

[How to Create a Team](#)

[Guide to TennisLink Team Management Tool for CAPTAINS](#)

[How to Enter Scores or Correct Errors on the Scorecard](#)

[Local League Grievances](#)

[How to find what teams are registered to play](#)

» KNOW THE RULES

[WNC USTA Local Regulations 2025](#)

[USTA National Regulations 2025](#)

[National, Southern, and NC State Regulations 2025](#)

[USTA NC Regulations \(Non-National leagues\) – Adult Other, Mixed Other, Southern Combo Doubles, Tri-Level and NCTA Singles 2025](#)

[Southern Tri-Level Regulations 2025](#)

[Southern Combo Regulations 2025](#)

[Warm-Up League Regulations 2024](#)

[Friend at Court & The Code 2024](#) *The Code* is a helpful section in Friend at Court that explains rules, etiquette & match play situations.

[Coman Tiebreak Procedure](#)

Team Management in TennisLink

- My Match Calendar
- Team Details
 - Team Standings
 - Team Roster
 - Adding a Co-Captain
 - Player Availability
 - Communication - Email/Text
 - Set Alert Settings
 - Matches/Creating & Editing Line-ups

Help Center

My Quick Links

- [Local League Coordinators](#)
- [New Team Management](#)
- [Team Management](#)
- [National Championships](#)
- [Online Team Creation](#)
- [USTA League Tennis Rules](#)
- [Communication Center](#)
- [Browse Leagues](#)
- [Communication Options](#)

	9/21/2023 vs F 3.0S/6.0D MV U <small>ng</small> 9:00 am	9/21/2023 vs F 3.0S/6.0D MV U <small>ng</small> 9:00 am
 Chexxx Trzcxxxx 19		
 Jennixx Schxxx 18		
 Jessxxx Merxxx 11		
 Jxxx Kelxxx 20		

Team Management in TennisLink

- Matches
 - match details
 - the facility where the match will be played
 - Home/Away
 - how to get directions
 - edit/view match lineup
 - print scorecards
 - enter scores
- Setting Match Line-Ups
 - Create Line-Up / Choose players
 - Add Custom Messages
 - “Send Line-Up To”

Create a Lineup

F 3.0S/6.0D PW Merugu

Sep 29, 2023 vs [F 3.0S/6.0D MV Ung](#)

Start Time	Line	Player(s)	What To Bring
2:00 PM	1 Male Singles	Choose Player >	chips and salsa
2:00 PM	1 Female Singles	Choose Player >	water
2:00 PM	1 Male Doubles	Therxxx Forxx... [F][3.0] > Choose Player >	margaritas

Print your Scorecards!

- List of players as they are in TennisLink
 - Helps avoid reporting wrong player
 - Ensures all players are registered on the team
- Fill in your players
 - Handwrite on blank scorecard
 - Enter them in Team Management before you print
- Swap scorecards
- *Suggestion:* Print the entire season and keep in folder in your bag

Flight	USTA Section	District/Area	League
3.5 Women Central	USTA/MIDDLE STATES	NEW JERSEY	Adult 18 & Over Winter

Match	Home Team	Vs.	Visiting Team	Score
#1Singles 10:00 am	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Date: <input type="text"/> Winner <input type="radio"/>		Winner <input type="radio"/> Status: <input type="text"/>	<input type="text"/> - <input type="text"/>
				<input type="text"/> - <input type="text"/>
#1Doubles 10:00 am	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Date: <input type="text"/> Winner <input type="radio"/>		Winner <input type="radio"/> Status: <input type="text"/>	<input type="text"/> - <input type="text"/>
				<input type="text"/> - <input type="text"/>
#2Doubles 10:00 am	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Date: <input type="text"/> Winner <input type="radio"/>		Winner <input type="radio"/> Status: <input type="text"/>	<input type="text"/> - <input type="text"/>
				<input type="text"/> - <input type="text"/>
#3Doubles 10:00 am	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Name: <input type="text"/>		Name: <input type="text"/>	<input type="text"/> - <input type="text"/>
	Date: <input type="text"/> Winner <input type="radio"/>		Winner <input type="radio"/> Status: <input type="text"/>	<input type="text"/> - <input type="text"/>
				<input type="text"/> - <input type="text"/>

For a Points per Position, Timed match that ends in a tie, enter home team score first. For example, 6-4, 4-6, home team won first set.

Courtside Contenders Members in Home Team:

(11)Ventolo, Karen [3.0] (12)Worth, Wendy [3.0] (13)Marquis, Julie [3.5] (14)Stankovic, Ana [3.5]
(15)Borda, Cynthia [3.0] (16)Wills, Gwen [3.0] (17)Dirosa, Colleen [3.5] (18)Rosenberg, Ayumi [3.0]
(19)Tripp, Christine [3.5] (20)Ruffini, Karen [3.0] (21)coyle, veronica [3.5] (22)Berger, Shelley [3.0]
(23)May, Jennifer [3.5] (24)Thompson, Kristi [3.5]

Purple Rain Members in Visiting Team:

(11)VAN MOL, JANET [3.5] (12)Hammer, Sherri [3.5] (13)Nagel, Donna [3.5] (14)Huang, Janice [3.5]
(15)van Zanten, Stephanie [3.5] (16)Hussain, Beth [3.5] (17)Vogelzang, Karen [3.5] (18)Zhuo, Cindy [3.5]
(19)Pike, Patricia [3.5] (20)Frue, Linh [3.5] (21)Kothari, Rupal [3.5] (22)Bellaran, Janet [3.5]
(23)Carey, Olga [3.5] (24)Baldovino, Kristina [3.5] (25)Parker, Analia [3.5] (26)Callan, Benedicte [3.5]
(27)Becker, Sharon [3.5] (29)Shafer, Regan [3.5] (30)Tchikanda, Valerie [3.5] (31)Sarvary, Judy [3.5]
(32)Vella, Brigette [3.5]

Team Management in TennisLink

- Entering Scores
 - Lineup must be published first
 - Players names can be edited
 - Names will be automatically added to the scorecard when you enter scores
 - Opposing team's players are not automatically defaulted onto the scorecard

Published Lineup

Sep 21

F 3.0S/6.0D MV Ung

Mayfield Village Racquet Club 6685 Beta Dr Ste B Cleveland OH 44143

AWAY

Get Directions

Time	Line	Player(s)	What to Bring	Status
9:00 AM	1MS	Jxxx Kelxxx 20	Water and Balls	✓ Confirmed
9:00 AM	1FS	Therxxx Forxxx 13	Margaritas	✓ Confirmed
9:00 AM	1MD	Mxxx Milxxx 17	Chips and salsa	✗ Not Available
		Sxxx Schuxxx (SP) 21		
9:00 AM	1FD	Jessxxx Merxxx 11	Water and Balls	✓ Confirmed
		Chexxx Trzcinxxx 19		✓ Confirmed
9:00 AM	1MX	Jxxx Kelxxx 20	Margaritas	
		Kexxx Hxxx 15		✓ Confirmed

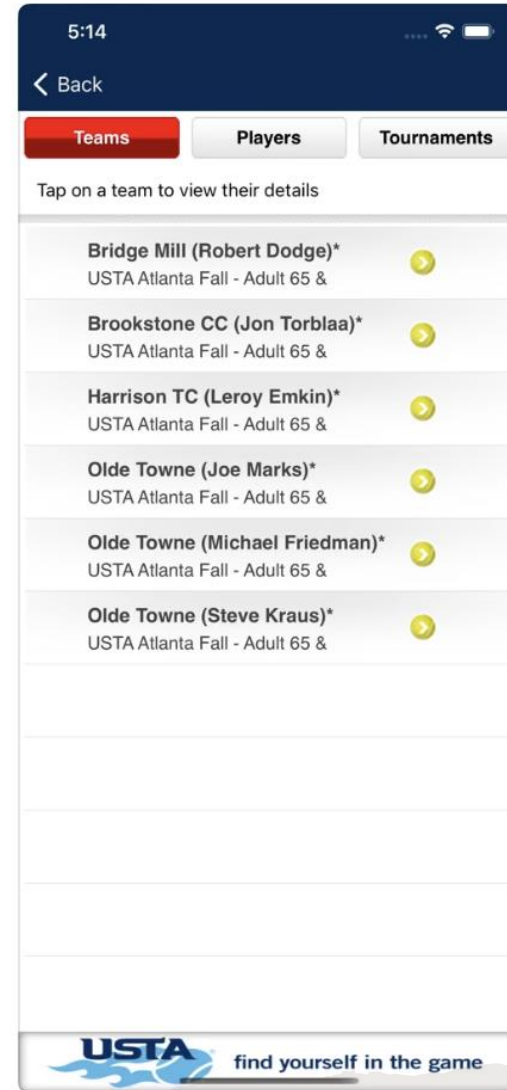
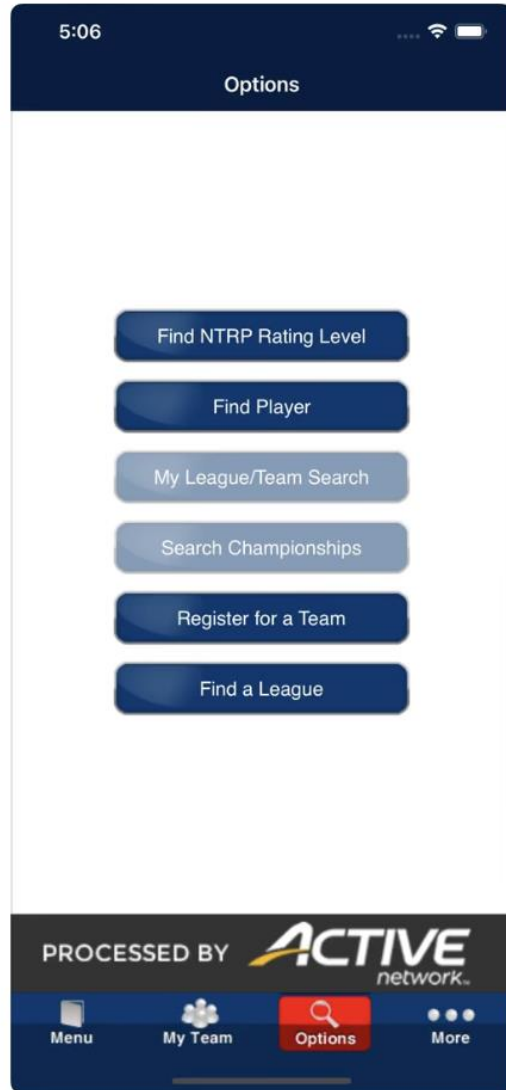
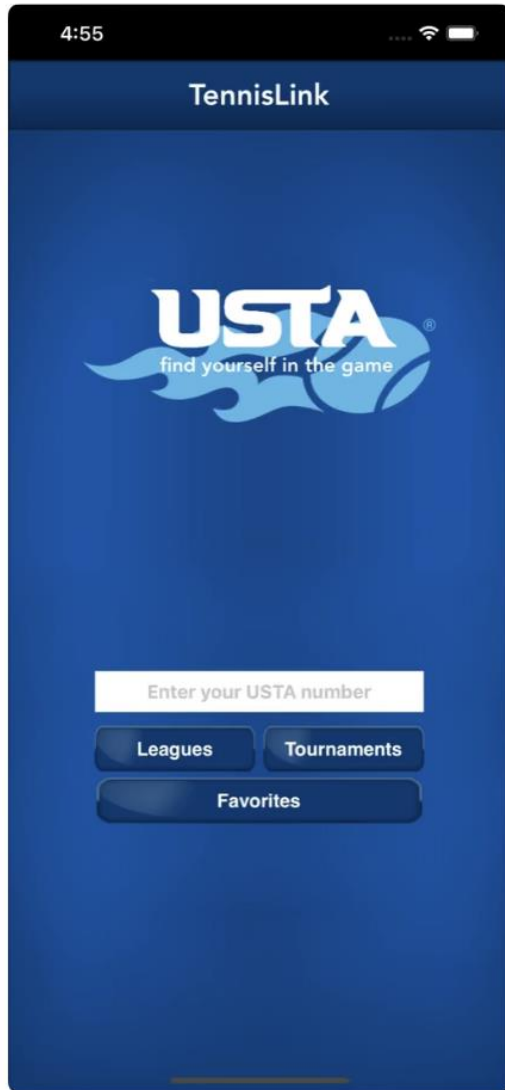
Edit Lineup

Enter Scores

Print Scorecard



TennisLink App on iphone



When can you re-schedule?



Captains may mutually agree to re-schedule

- BEFORE the original match date
- Different TIME on original match date

Reschedule allowed within 2 wks of match date (must be by end of season)

1. Inclement Weather
2. Facility Issue
3. Championship Conflict
4. Local Tournament Conflict
5. Holiday Conflict



Majority of Courts Played / Full Team Defaults

In order for a match to be valid, a majority of the courts must be played (3 out of 5 courts or 2 out of 3 courts)

If a team can not field the majority of courts, it is entered as a Full Team Default

ONE Team Default: Standings evaluated - can not benefit either team

TWO Team Defaults: all their matches played will be null and void.

Playing Lines Early

New Time

- **Play on Schedule** – Matches should be played on the scheduled date/time whenever possible to promote team unity.
- **Avoid Full Team Default** – If a team cannot field enough lines on match day, the minimum number of lines needed to prevent a full team default should be played early.
- **Early Play Requires Agreement** – Playing lines early is allowed, but both captains must agree.
- **Not Poor Sportsmanship** – A captain is not obligated to agree to play lines early, and declining is not poor sportsmanship.
- **No Expectation of Agreement** – Captains requesting early play should not assume the opposing captain will agree unless it benefits their team (e.g., providing more players an opportunity to play).
- **Confirm in Writing** – The agreed-upon date and time become the new official match schedule.



Championship and Local Tournament Conflicts

One-Third of Players Affected

- Match rescheduling is allowed if **at least one-third** of the total team roster is participating in or working at an approved event.
- Examples:
 - **15-player roster** → Rescheduling allowed if **5 or more** players are affected.
 - **9-player roster** → Rescheduling allowed if **3 or more** players are affected.

Number of Lines That May Be Rescheduled

- The number of rescheduled lines **cannot exceed** the number of players affected.
- Examples:
 - **Singles match (3 lines)** → If 3 players are affected, **entire match** may be rescheduled.
 - **Doubles match (3 lines)** → If 3 players are affected, **up to 2 lines** may be rescheduled.



Championship and Local Tournament Conflicts

League Championships at the following levels:

- **North Carolina State**
- **Southern Section**
- **National**

Western NC USTA Tournament Events

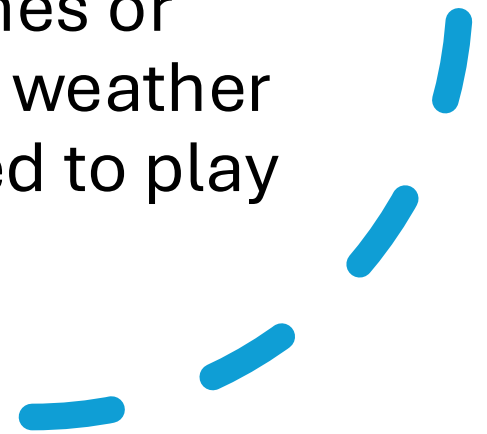
- **Asheville Open**
- **Banana Open**
- **Apple Open**

The team captain **must notify** the opposing captain and LLC **at least 1 week** before the scheduled match

Holiday Conflicts

- Mother's Day
- Father's Day
- Easter
- Memorial Day
- July 4th
- Labor Day

Captains MAY reschedule matches or individual lines under inclement weather makeup rules but are encouraged to play as many lines as they can field.



Inclement Weather or Darkness

(after the match has begun)

- **Stopping Play** – If either captain believes conditions require stopping, play should be halted.
- **Waiting Period** – Players should remain on-site ready to resume for **up to 30 minutes**, unless it is obvious that court conditions will not improve.
- **Resuming Play** – Matches continue from the exact **point, game, and set score** when stopped.
- **Same Players** – Players must remain the same for lines where play had started (**first service attempt**). No substitutions allowed.
- **Lineup Adjustments** – For courts that had **not started** (still in warm-ups), teams may substitute in players not listed on the original scorecard.

Make up Matches

Captains can mutually agree to one of the following:

1. **Set One Make-Up Date:** Entire match played on a new date.
2. **Schedule Individual Courts:** Captains arrange each line without exchanging player names in advance.

NOTE:

- After scorecards are exchanged, new players may only be substituted if they are not on the original scorecard.
- Options may be limited due to Facility policy or court availability
- Captains may choose to assign an acting captain for each line (who may or may not be playing)

Make-Up Timeframe

Within 14 days of the scheduled match date *or before the season ends*, whichever comes first.

What if the make-up is rained out?

- The 14 day clock restarts
- If not played before the season ends, the line is entered as a double default



Setting the Make-Up Date

- **HOME captain coordinates** – or their designated acting captain(s)
- **TWO DATE OPTIONS** - Home captain should provide at least **two date options** based on facility availability.
- **Four (4) Days** - Captains **MUST** reach agreement on a new match date(s) within 4 days
- **If no agreement is reached,**
 - the match will be set for the **last Friday** in the reschedule window at the original match time.
 - If home courts are unavailable, the local league coordinator will assign a different location.
- Failure to complete the assigned match results in a **double default** (both teams default the match).



Re-scheduling Considerations

RESERVING COURTS – Captains are responsible

LINE-UPS - Giving out line-ups before match time is NOT recommended. Designate acting captains if needed when scheduling lines individually

INDOOR COURTS

- Cost sharing is encouraged
- at home facility or within 20 min
- within 30 min of match time unless agreed



15 Minute Default Rule

- **Players must be at the facility and ready to receive the ball within 15 minutes of the match start time or the court being available for the match**
- Double check your start times
- Remind your players to arrive early
- If match time is changed by mutual agreement, the 15 minute window starts at the agreed upon time



They're late...now what?



Exchange scorecards and begin play. If the missing player arrives prior to the default time, he/she will take the court assigned and begins. If the missing player arrives after the default time, the default will be entered on the scorecard on a defaultable court.

Wait until the missing player is on site (prior to the 15-minute default time), exchange scorecards and play the match. At the default time, if the player is still not on site and ready to play, the missing player would be moved to a defaultable court, scorecards would then be exchanged, and play would begin. (Note this is not a good option if the reserved court time for a match is limited)

Substitute with an eligible player that is on site and ready to play. Substitutions must be made prior to the 15-minute default time and can only be exchanged for the missing player in the original lineup.

Staggered Matches

(not enough courts for all lines to start together)

- **5 court matches**
 - Lines #1 and #2 singles and Line #1 doubles play first
 - #2 doubles and #3 doubles when courts become available
- **3 court matches**
 - Line #1 doubles and #2 doubles play first
 - line #3 doubles when a court becomes available

ENTIRE team must be present at start unless captains mutually agree to allow secondary lines to arrive 1 hour late

Advancing to the State Championship



TEAM

- Flight Winner (or second place if winner declines)
- Playoff Winner
- Direct Advance (1 team flight that automatically qualifies)
- 1 team flight that participates in a qualifying event
- Wild Card Invite

PLAYER Eligibility

- Minimum required matches (see regulations)
- USTA Membership current



**NORTH CAROLINA
STATE CHAMPIONSHIPS**

Local Playoffs



When do we have playoffs?

Multiple flights (such as morning and evening) – winners of the flight play
When teams do not play each other the same number of times) – 1st and
2nd place teams play



Date is set at the beginning of the season

Shortens the season time to complete regular matches – do not get
behind on make-ups



Neutral Site (may be moved if both teams prefer and courts are available)



All players must have played the minimum number of matches required to be eligible
for the state championship prior to the local championship playoff.

Regulation Changes for 2025

SPRING Adult 40 & Over Maximum Roster - 17 players

- Locally we will continue to play 3 doubles
- State format will be 4 doubles & 1 singles for 3.0, 3.5, 4.0
- Exception: 2.5 & 5.0 levels will play 3 doubles (min 6 players)

40 & Over State Championships will be held in 2 locations

Medical NTRP Appeals will have a \$100 filing fee

Regulation Changes for 2025

Rescheduling – if no agreement is reached – last Friday of the 14 day window

Championship /Tournament Conflicts – rescheduling determined by the number of players affected relative to the team size and number of lines being played

Full team Default – Teams cannot benefit from a Full Team Default

USTA League Player Promise

- I recognize that tennis is a sport that places the responsibility for fair play on me.
- I promise to abide by the rules of the game, which require me to give the benefit of the doubt to my opponent.
- At all times I shall strive to compete with the true spirit of sportsmanship, recognizing that my behavior on the court is a direct reflection of my character.
- Whether this match ends in my victory or defeat, I promise to conduct myself in a way that honors my opponents, my team, those who support me and the game of tennis.



Sportsmanship

- Captains set the example
- Applies to players and spectators
- Profanity and equipment abuse are not acceptable even when not directed at another player
- Captains should attempt to deescalate when possible – reminding players this is a RECREATIONAL league



Thank you for being a USTA League Captain

