

Adult Spring Leagues



Setting up a TEAM: **OPENS** Jan 15, 2025

CLOSES Feb 28, 2025

Minimum # of players required to be registered at close for a team to be scheduled

Players may be added until close of regular season (except Qualifying/Direct Advance teams)

	Adult 18 & Over	Adult 40 & Over	Adult 55 & Over	Adult 65 & Over
League Season	Mar 16 - May 24	Mar 16 - May 24	Mar 9 - May 10	Mar 9 - Apr 26
# players on team	Min 8 for 3.0, 3.5, 4.0, 4.5 Min 5 for 2.5, 5.0, 5.5 Max 15	Min 6 for 2.5 & 5.0, Max 15 Min 9 for all other levels Max 17	Min 6 for all levels Max 15	Min 6 for all levels Max 15
Local Format	2 S, 3 Dbl 1 S, 2D (2.5 & 5.0)	3 Doubles	3 Doubles	3 Doubles
State Championships	June 12-15 Lake Norman	June 19-22 Hickory (Men) Winston-Salem (Women)	May 30-June 1 Asheville	May 16-18 Greenville

WOMEN - Days of Play

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2.5			18+ (PM)				
3.0	65+ (AM) 18+ (PM)			40+ (PM)	55+ (AM)	55+ (AM)	65+ (PM)
3.5		40+ (PM)	65+ (AM) 18+ (PM)		40+ (PM)	65+ (AM)	55+ (PM)
4.0	18+ (PM)	65+ (AM)		65+ (AM) 40+ (PM)		55+ (AM)	65+ (PM)
4.5	40+ (PM)						18+ (PM)
9.0			55+ (PM)				
5.0	18+ (PM)					40+ (PM)	

MEN - Days of Play

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3.0	65+ (AM) 18+ (PM)	40+ (PM)				55+ (AM)	65+ (PM)
3.5		65+ (AM)	18+ (PM)	65+ (AM) 40+ (PM)		65+ (AM)	55+ (PM)
4.0	65+ (AM) 18+ (PM)	40+ (PM)	65+ (AM)			55+ (AM)	65+ (PM)
4.5			18+ (PM)	40+ (PM)			
5.0	18+ (PM)					40+ (PM)	

NOTES:

The following flights will be scheduled on a day & time based on team and facility availability

18 & Over 5.5 Men 18 & Over 2.5 Men 55 & Over 9.0 Men
18 & Over 5.5 Women 40 & Over 2.5 Women

*** 18+ and 40+ teams scheduled on Mon-Thurs PM may have occasional matches scheduled on Friday or weekends (Sat or Sun) when facilities are unavailable on their regularly scheduled night

CONTACTS:

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