# **Spring Newsletter 2023**



## **Henderson County Community Tennis Association News**



#### What's So Great About Tennis??

Playing tennis has soooo many benefits. I know you believe this or you wouldn't be reading this newsletter!

Tennis can help to improve your coordination, flexibility, strength, balance, and agility. It also helps to reduce stress levels, manage weight, and can, most of all, be a fun and social activity when played with others!

This brings me to talk about the



#### CTA Goals for 2023

#### **Program Goals**

- Abilities Tennis- provide tennis opportunities for young athletes with disabilities
- Kids Club- offer tennis clinics for youth of different age groups at Jackson Park
- Kids Camp- one week of intensive tennis for youth at Jackson Park
- Adult beginner classes at JP
- Tennis Indoor Performance Program (TIPP)- in cooperation with Hendersonville Racquet Club, provide 1/2 the funding
- Salvation Army provide after school tennis classes

Scholarships through Education

Community Tennis Association (CTA). Our mission is to spread the word about the wonders of tennis so others will also reap the benefits we all so much enjoy! We promote and develop the growth of tennis for people of all ages within the greater Henderson County area by I. developing and assisting tennis programs for all levels of players; 2. coordinating and partnering with area, state, and national tennis organizations; 3. serving as a resource organization for public and private organizations. 4. promoting tennis as healthful recreation and an aid to physical fitness.

#### **Foundation**

CTA offers three \$1500 scholarships to deserving senior tennis athletes attending HC area High Schools.

Apple Open Tournament
Organize a yearly USTA Level 5
tournament for tennis players
throughout Western North Carolina. We
typically raise about \$10,000 after
expenses to support our programs and
average 200-230 participants.
We couldn't do it without our volunteers,
so please consider VOLUNTEERING
FOR OUR NEXT TOURNAMENT
SCHEDULED FOR MID-SEPTEMBER!

### **Meet your CTA Board members!**



President	Lynn Gilpin
Vice President	Susan Baum
Treasurer	Loretta Arrington
Secretary	Linda Cheshire
Past President	Jan Partin
Board member at Large	Harry Hudson
Board member at Large	HarryJacobson
Board member at Large	Stan Treee
Board member at Large	Roberta Heinrich
Board member at Large	Sharlyn Aamodt
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## **Youth/Adult Programs offered in Henderson County**

Kid's Club (Jackson Park) pro Bobby Garrett
April 18th – May 23th (Tuesdays, 5:30 – 6:30 p.m.)
April 20th – May 25th (Thursdays, 5:30 – 6:30p.m.)
Adult beginner tennis (Jackson Park) pro Bobby Garrett
Starting April 15 (Saturdays 10-11a.m.)

#### **Summer Sessions:**

#### Session 1:

June 6th – July 11th (Tuesdays, 5:00 – 6:30 p.m.)

June 8th - July 13th (Thursday, 5:00 – 6:30 p.m.)

#### Session 2:

July 18th – August 22nd (Tuesdays, 5:00 – 6:30 p.m.)

July 20th – August 24th (Thursday, 5:00 – 6:30 p.m.)

Adult Tennis Clinics (Jackson Park) – Bobby Garrett

April 15th – May 20th (Saturdays, 10:00 – 11:00 a.m.)

Kid's Tennis Camp (Jackson Park) – Lynn Gilpin

June 12th – June 16th (Monday – Friday)

Morning Session: 9:00 – 12:00 p.m.

Afternoon Session: 1:00 – 4:00 p.m.

YMCA – Kid's Healthy Day April 29th at Mills River Park 2:00-6:00

Abilities Tennis (Hendersonville Country Club) – Ron Williams, Pro –

Pam Cloer

April 3rd – May 8th (Mondays, 5:00 – 6:00 p.m.)

Salvation Army (Henderson County) - Lynn Gilpin

## **Tournaments in WNC 2023**

# Level 6: ARC Downtown Spring Adult Classic (Asheville)

Asheville RC Crowne, 27 RESORT DR, ASHEVILLE, NC, 28806

Tournament ID: 23-97456

\$48.00

Registrations open

Closes: April 23, 2023 at 5:59 PM EDT

July 11 - 15, 2023

# Level 2: 91st Asheville Open Tennis Championships presented by PEPSI of WNC

Aston Park Tennis Center, 336 Hilliard Ave, Asheville, NC, 28801-3242 Tournament ID: 23-67297

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\$65.00

Registrations open

Closes: June 29, 2023 at 11:59 PM EDT

August 11 - 13, 2023

# **Level 6: Banana Open Singles (Asheville)**

Asheville RC South, 200 RACQUET CLUB RD, ASHEVILLE, NC, 28803

Tournament ID: 23-04547

\$48.00

Registrations closed

Opens: May 1, 2023 at 8:00 AM EDT

August 18 - 20, 2023

# Level 6: Banana Open Doubles (Asheville)

Asheville RC South, 200 RACQUET CLUB RD, ASHEVILLE, NC, 28803

Tournament ID: 23-66993

\$48.00

Registrations closed

Opens: May 1, 2023 at 8:00 AM EDT

September 14 - 17, 2023

# **Level 5 Open: Apple Open**

Hendersonville Racquet Club, 88 Oak Creek Ln, Hendersonville, NC, 28739-6397

Tournament ID: 23-08496

\$50.00

Registrations closed

Opens: August 1, 2023 at 12:00 PM EDT

October 13 - 15, 2023

# Level 6: ARC Fall Leaf Adult Doubles (Asheville)

Asheville RC Crowne, 27 RESORT DR, ASHEVILLE, NC, 28806

Tournament ID: 23-41759

\$44.00

Registrations closed

Opens: August 1, 2023 at 8:00 AM EDT

